

TO OUR PATIENTS AND CLIENTS,

In response to COVID-19 (Coronavirus) pandemic, we would like to inform you that, staff at Ekren Physical Therapy are taking extra measures recommended by Center for Disease Control (CDC)and Florida Department of Health for the safety of our patients and staff . We are closely monitoring the outbreak daily. We are committed to provide the best quality care to our patients/clients and doing business as usual. At this time all of the offices remain open and we will notify you if anything changes. We encourage you to keep yourself updated on information about coronavirus following CDC and Florida Department of Health websites.

Steps We Are Taking:

- We are frequently disinfecting/sanitizing before the clinic opens, before and after each patient treatment, throughout the day and at the end of the day before we close.
- We are also asking our patients to stay at home if they have traveled outside the country or into the hot spots in the US, or cared for a loved one who was ill last 30 days. They are instructed to follow their doctor's guidance and follow protocol from the local and state guidelines to be able to return to therapy with a clearance note from the doctor.
- Patients are advised to call and cancel their appointments if they have fever 100.3 and greater, if they are coughing, sneezing, have fatigue, sore throat, headaches and having difficulty breathing.
- Patients are asked to bring their own pen for signing in or filling out paperwork as needed. New patients can download "New patient intake forms", complete and bring along to the first visit.
- We also recommend sitting 6 feet (2m) apart from each other in the waiting room and also have a choice to wait in the car for their appointment time for safe distancing. Therapist will take you to the designated treatment area at your appointment time.
- We are avoiding handshakes and encourage everyone to follow. We will practice 6ft distancing whenever possible patient to therapist, patient to patient. Gloves and masks may be used as needed
- Doors and windows will be propped open to change of air whenever possible.
- Staff member who is experiencing similar flu like symptoms will also stay at home at least 2 weeks and will follow his/her doctor's instructions before released to work providing a note from the doctor.
- All patients will be screened and asked specific questions to ensure minimizing risk factors for them and also the clinic staff.
- At this time no caregivers will be permitted to enter into the facility while patients are being treated
- Patients will bring their own water at this time.
- We understand that times are difficult and confusing. We ask that together we continue to be responsible for one another and follow safety measures at all times.

Call your Physician or Florida Department of Health (866-779-6121, open 24/7) for instructions of your experiencing any of the COVID-19 symptoms below:

- Sore Throat
- Fever
- Cough/sneeze/fatigue
- Difficulty Breathing or respiratory illness
- Headaches

If you have any of these symptoms:

- Call your doctor or Florida Department of Health for instructions.
- Let them know if you have travelled or contacted with people who have travelled internationally or hot spots in the US.
- CDC or Florida Department of Health will guide you and will determined if you need to be tested for COVID-19

We thank you in advance for your shared commitment of protecting yourself and our community.

Staff at Ekren Physical therapy